

*The*  
**SHEPHERD**  
FREEHOUSE & KITCHEN



## Sunday Menu

### Nibbles

Sicilian olives 4 – Selection of warm buttered breads 4- Black pudding scotch egg, triple mustard mayo 5.5 - Homemade sausage roll, hp sauce 4.5 – ham & cheese croquettes, paprika aioli 4.5

### Starters

Heritage tomato, mozzarella & basil salad, balsamic reduction  
Colchester asparagus, crispy ducks egg, wholegrain mustard dressing  
Smoked duck breast, beetroot, apricot & almond salad  
Chicken Caesar croquette, baby gem, Caesar dressing, parmesan  
Colchester crab, spring radish, pink grapefruit, pickled cucumber  
Squid, rainbow chard, pickled pineapple & pepper salsa

### Main courses

Roast striploin of Dedham beef, horseradish cream (served medium rare)  
Roast Corn-fed chicken supreme, cranberry sauce

All served with beef dripping roast potatoes, spring veg, braised red cabbage, veal jus & a Yorkshire pudding

Goats' cheese & caramelised fig tarte tatin, pine kernels, rocket, pesto, balsamic  
Lemon sole, crushed jersey royals, salsa verde, micro herbs  
Seabass, jersey royals, spring beans, spring radish, lemon aioli  
Beer battered market fish, hand-cut chips, petit pois, tartare sauce  
The Shepherd burger, American cheese, onion marmalade, hand-cut chips, burger sauce  
Sun-dried tomato & basil pesto, pappardelle pasta, garlic bread

### Sides all £4

Hand-cut chips – crushed jersey royals – buttered jersey royals – seasonal veg – seasonal salad – cauliflower cheese

1 course 16 – 2 courses 21 – 3 courses 25  
Children's roast and ice cream with shortbread for dessert 8

Some of our dishes contain allergens, please speak to your server for details